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JOURNEY THROUGH NEPAL: KATHMANDU, POKHARA, ULLERI, AND CHITWAN

A drive from Kathmandu to Pokhara is a scenic and culturally rich way to travel between the two cities. Some highlights of this drive include:

- Passing through traditional villages and terraced farmland
- The opportunity to experience the unique culture and way of life of different ethnic groups in the region
- The chance to experience the local culture and tradition of different places.
- The drive takes around 7-8 hours, depending on traffic and road conditions.
- The drive provides the opportunity to experience the beautiful landscapes of the region.
- As soon as you finish your trekking and come back to Pokhara, you'll visit Chitwan to experience national Park activities like safari, canoeing, bird and crocodile watching, jungle walk, Tharu Cultural show, and finally, drive back to Kathmandu.

Includes

- All (airport to airport) transfer by private vehicles as per group size.
- 09 nights' accommodation Luxury Resort/Hotels as mentioned below.
- Meals: 09 breakfasts, 06 lunches and 06 dinner
- 02 nights/ 03 days Package in Chitwan National Park on Full-board with Jungle activities,
- Local village and schools visit on the way wherever is possible.
- Visit Tibetan carpet factory and Thangka painting while guided sightseeing tour in Kathmandu and Pokhara
- Seasonal and regional festivals and unique experiences as per region, (Min 10 Pax requires in the group)
- Visit of spiritual Places in the city areas and outside the city while by surface travel.
- Spiritual performances, visiting temples, meditation centers on request
- Participate in harvesting and cultivation activities depending on the season.
- Monumental areas entrance fees as per the itinerary levied by the government and local authorities.
- Professional licensed local English/other language speaking guide service in Kathmandu, Pokhara, and nature guide in Chitwan.
- Other festivals, festivities and spiritual activities will be observed or participated while on tour,
- Accompanying official escort throughout the trip.
- Special souvenir on farewell / departure

Includes While on Trek:

- Annapurna Conservation area Permits
- All 3 major meals including Tea/Coffee, hot water to drink,
- Licensed trekking guide, his allowance, hotel and meals

- Trekking Sherpa porter (2:1porter), allowance, hotel and meals.
- Duffle bag to put your belongings,
- Medical kit.

Excludes

- International flights tickets
- Nepal entry visa fee
- Travel Medical Insurance
- Emergency Evacuation Service
- Items of a personal nature such as alcoholic/nonalcoholic drinks, laundry
- Any other expenses which are not mentioned at the included section
- Tips/gratuities/Donations for driver, guides and escorts
- Force Majeure

Itinerary

DAY 1: Arrival in Kathmandu

Arrival at Kathmandu International Airport. Welcome from our representative in Nepal and transfer to the hotel. Welcome drink followed by tour briefing. The rest of the day is available to customers for personal activities or rest in the hotel. Overnight at Hotel.

- The altitude of Kathmandu: 1363 M
- Transportation: Private car / Tourist bus
- Driving distance: 15 minutes drive from the hotel
- Accommodation: 4-star Hotel
- Meals: Dinner

DAY 2: Transfer to Pokhara, Drive to Nayapool and Trek to Ulleri

The trip starts early in the morning; you will drive to [pokhara](#) by a tourist bus and transfer to Nayapool by private vehicle where our trek begins. From there we will walk to the village of Ulleri. The route is short, and the five-hour trek begins. As these trails have stone paved steps, making the trek easier for us, this design has been positioned by local village development committees mainly because of the ease of residents using these trails as "highways". You'll see trains of mules with their rattling bells carrying goods in and out of the mountains. We will check in at the delightful village of Ulleri in the evening. We will see fantastic mountain landscapes along the way.

- Evening: free time to discover the village of Ulleri.
- The altitude of Ulleri: 1930 M
- Transportation: Private car / Tourist bus / flight
- Distance by car: 61km / 2 hours
- Trekking duration: 3 hours
- Accommodation: Tea house / Lodge
- Meals: Breakfast, Lunch, Dinner

DAY 3: Trek from Ulleri to Ghorepani

Early in the morning, we leave Ulleri after breakfast and head toward the village of Ghorepani. Our destination: Ghorepani, was formerly on the main salt route to Tibet. Hundreds of horses stopped here to drink its refreshing waters. We continue to climb in height, and as we ascend the view of the high Annapurna mountains is majestic. This is a vast area of ??snow-capped peaks that is home to the 10th highest mountain in the world (Annapurna I, 8061m). The scene is spectacular, especially the Annapurna leaves the lucky trekkers amazed and happy! Finally, after a 5-6-hour trek from Ghorepani, we arrive at the place where we stop for the night, the beautiful village of Gurung with its unique stone houses and fertile terraced lands with time to explore it.

- The altitude of Ghorepani: is 2874 M
- Trekking duration: 5/6 hours
- Accommodation: Tea house / Lodge
- Meals: Full board with tea/coffee on the way, Lunch, Dinner

DAY 4: Trek from Ghorepani to Tadapani

Depart early in the morning with warm clothes and climb up to Poonhill (3210m.). it is not necessary to carry much with us as we return later to collect the backpacks. It is about an hour's walk to Poonhill (3210m). You will see the best sunrise and magnificent view of the Himalayas such as Annapurna South, Bahari Shikhar, Hiuchuli, Nilgiri, Dhaulagiri, and a Tukucho peak, Annapurna I, II, III, IV, Lamjung Himal, Mt. Manaslu ranges, Machhapuchre (Fishtail) and others mountains. After this unforgettable sight, we return to Ghorepani for breakfast. And our trek to Tadapani

begins. It will take 5 to 6 hours to reach Tadapani from Ghorepani. Ghorepani to Tadapani track makes a small circuit to connect many popular trails such as the Poon hill trek, Annapurna base camp trek, Annapurna circuit trek, Khopra danda trek, and Mohore danda trek also. After reaching Tadapani check-in at the guest house. The rest of the time you can rest and explore the area. Dinner and overnight in Tadapani.

- Altitude of Tadapani: 2610 M
- Trekking duration: 5/6 hours
- Accommodation: Tea house / Lodge
- Meals: Breakfast, Lunch, Dinner

DAY 5: Trek from Ghandruk to Pokhara

Breakfast. Start off the trek to Ghandruk. Crossing the flat and downhill path to get to Ghandruk from Tadapani takes about 3 to 4 hours. on foot. Trekking from Tadapani to Ghandruk at low altitude, an uninterrupted view of the Annapurna range, and charming villages of the Gurung community surrounded by mystical clouds. After reaching Ghandruk, rest and proceed to Pokhara. It will take you 4 hours to reach Pokhara from Ghandruk. Arrival and direct check-in at the hotel. Relax. After dinner, it is possible to spend a good time by the lake. Overnight at Hotel.

- Altitude of Tadapani: 2610 M
- Trekking duration: 3-4 hours
- Vehicle: 3/4 hours in a 4x4 jeep
- Accommodation: 4-star Hotel
- Meals: Breakfast, lunch

DAY 6: Full day Pokhara city tour

Breakfast, departure to Pokhara for a full-day tour of the most popular sites in the city. The day tour around Pokhara allows you to enjoy this trip with a small walk to Pokhara city, Phewa Lake, Davis Fall, International Mountain Museum, Seti Gorge, and Phewa Lake. After finishing the trip go back to the hotel. Later in the evening explore the lakeside and time available for individual relaxation. Overnight at Hotel.

- The altitude of Pokhara: is 891M
- Activities: Full-day tour in Pokhara
- Accommodation: 4-Star Hotel
- Meal: Breakfast

DAY 7: Drive from Pokhara to Chitwan National Park (149 KM / 5-6 HOURS)

Breakfast and drive to Chitwan National Park by tourist bus (by plane 15 minutes by flight / by car 5-6 hours). upon arrival in Chitwan, check in at the resort, afternoon walk along the Rapti river bank you will spot: crocodiles, rhinos, deer, and other mammals. Return to the Resort for Dinner and Overnight.

- The altitude of Chitwan: is 415 M
- Driving distance: 147km / 5-6 hours
- Accommodation: 4-Star Hotel
- Transportation: Private car
- Meal: breakfast, lunch, and dinner

DAY 8: Full day Chitwan National Park Excursion

Wake up to tea/coffee followed by a nature walk and bird-watching tour. Breakfast. Begin the Elephant/ Jeep Jungle Safari to see different types of deer, rhinos, wild boars, leopards, monkeys, birds, and many other smaller animals. After the elephant, the return safari tour proceeds to Dugout. Canoe Ride along with the Rapti River to see 2 types of rare crocodile species: the Marsh Mugger and the Fish Eating Gharial. We will visit the elephant farm and a farm; at the end return to the lodge. In the late afternoon, it is possible to organize a nice walk to the nearby village of Tharu. Return to your lodge/resort. Evening: a wonderful Tribal dance called "Tharu" was organized for you, presented by the inhabitants of the local village of Tharu. Dinner and overnight at the lodge/resort.

- The altitude of Chitwan: 415 M
- Activities: Full-day jungle activities
- Accommodation: 4-Star Hotel
- Meal: breakfast, lunch, and dinner

DAY 9: Transfer to Kathmandu and Half day City Tour

Wake up followed by tea/coffee. Breakfast and return to Kathmandu by tourist bus (186 KM / 5 hours). Arrival in Kathmandu and our first stop will be the Pashupatinath Temple which is one of the most important pilgrimages for Hindus around the world dedicated to Lord Shiva also you will witness how the cremation procedure is performed at Aryaghat, a bank of the Bagmati River is a useful observation to understand Hindu rituals during funerals, several historical temples while approaching the Bouddha Stupa which is one of the largest Buddhist shrines in the world, where we observe Buddhist monks praying in the monasteries surrounding the stupa. The Tibetan flavor is well observed in the alleys of Boudhanath. The monks dressed in brown enchant, with their holy prayers, you can see the stupendous and imposing

statue of Buddha; the Mudras with their prayers teach the practice of the rich Buddhist culture. After finishing the Drive to Hotel sightseeing tour, check-in and upgrade. Later in the evening Farewell dinner in a typical Nepalese restaurant. Overnight at Hotel.

- The altitude of Kathmandu: is 1363m
- Driving distance: 186 km - 5/6 hours or 25 minutes of flight (option)
- Accommodation: 4-Star Hotel
- Transportation: Tourist bus according to the size of the group
- Meal: Breakfast

DAY 10: Departure

Breakfast and check out from the hotel. Timely transfer to the airport for the flight to your onward destination.

Highlights

- Trekking through the Annapurna region of Nepal, known for its diverse landscapes and cultures
- Spectacular views of Annapurna and Dhaulagiri peaks and other famous peaks in the Himalayas
- Passing through traditional villages and terraced farmland
- The opportunity to experience the unique culture and way of life of different ethnic groups in the region
- Challenging trek that will test your physical fitness and mental endurance
- The chance to reach Annapurna Base Camp (4130m) or to Poon Hill (3210m) for panoramic view of Annapurna and Dhaulagiri range.
- The trek also offers the chance to explore the beautiful rhododendron forest.
- The trek is also known for the hospitality and warmth of local people.
- A scenic drive or a flight to Pokhara, a city known for its natural beauty and adventure opportunities.

- The chance to enjoy the beautiful view of Annapurna and Dhaulagiri range from Sarangkot hill.
- The chance to explore the Fewa Lake and its surroundings.
- The chance to experience the adventure activities such as paragliding, ultra-light flight, Zip flyer and more.

Travel Information

- Permits: A TIMS (Trekkers' Information Management System) card and Annapurna Conservation Area Permit (ACAP) are required for trekking in the Annapurna region. These can be obtained in Kathmandu or through a trekking agency.
- Best time to go: The best time to trek in the Annapurna region is between September and November and March to May when the weather is clear and stable.
- Route: There are several popular routes for trekking in the Annapurna region. Some of the most famous include the Annapurna Circuit, the Annapurna Base Camp Trek, and the Jomsom Trek.
- Accommodation: Accommodation during the trek is typically in teahouses or lodges. These provide basic but comfortable accommodation and meals. It is also possible to camp but it will require hiring equipment and porters.
- Physical fitness: The Annapurna treks are considered challenging, and a good level of physical fitness is required. It is important to be prepared for long days of hiking at high altitude and to acclimatize properly.
- Altitude sickness: Altitude sickness is a concern at high altitude. It is important to be aware of the symptoms and to take necessary precautions to prevent it.
- Guides and porters: It is possible to trek independently but hiring a guide and porters is recommended for safety and to ease the burden of carrying equipment.
- Insurance: It is important to have comprehensive travel and trekking insurance before embarking on an Annapurna trek. Make sure it covers emergency

evacuation and medical expenses.

- Respect the local culture and customs: The Annapurna region is home to diverse ethnic groups and it's important to respect their culture and customs. Dress modestly and be mindful of cultural sensitivities.
- Be prepared for the change in weather: Weather in the mountains can change rapidly.

Things to know

- Visa requirements: Make sure to check the visa requirements for Nepal before you travel. Tourist visas can be obtained upon arrival at the airport or in advance from a Nepalese consulate or embassy.
- Currency: Nepalese Rupee (NPR) is the official currency of Nepal, but US dollars are also widely accepted. It's a good idea to carry cash, as credit cards and debit cards may not be accepted in some places.
- Weather: Nepal has a diverse climate, with temperatures varying greatly depending on the region and altitude. It's important to check the weather forecast and pack accordingly.
- Altitude sickness: Altitude sickness can be a concern when travelling to higher altitudes in Nepal. It's important to be aware of the symptoms and to take necessary precautions to prevent it.
- Food: Nepal has a diverse cuisine, with a mix of Indian, Tibetan, and Nepalese dishes. Some traditional Nepalese dishes include Mo:Mos (dumplings), Dal Bhat (lentil soup and rice), and Chow Mein (stir-fried noodles).
- Language: Nepali is the official language of Nepal, but many people also speak English.
- Culture: Nepal is a culturally diverse country with a mix of Hindu and Buddhist influences. It's important to be respectful of local customs and traditions, and to dress modestly when visiting temples and other religious sites.
- Conservation and sustainability: Nepal are home to many unique and endangered species and fragile ecosystems, it's important to be mindful of environmental conservation and sustainability while traveling.

1. How long hours do I have to walk each day?

There is no fixed time to walk each day. From 2 hours minimum to 7 hours' maximum, you shall walk. Check the itinerary to see how long you shall walk each day.

2. How difficult is the trek?

The walk into the Himalayas are never easy ones. You have to face the steep hills, sloppy trails, frequent climatic changes, and other several hindrances.

3. How long does the trek last for?

As mentioned in the itinerary, the trek lasts for 12 days.