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KATHMANDU TOUR: A CULTURAL AND HISTORICAL ODYSSEY

Kathmandu is the capital and the eldest metropolitan city of Nepal. The city is the urban core of the Kathmandu Valley in the Himalayas, which also contains two sister cities namely Patan or Lalitpur, to its southeast, and Bhaktapur, to its east. It is also acronymed as 'KTM'. The city stands at an elevation of approximately 1,400 meters in the bowl-shaped valley in central Nepal surrounded by four major mountains, namely: Shivapuri, Phulchowki, Nagarjun, and Chandragiri.

Includes

- All (airport to airport) transfer by private vehicles as per group size.
- 4 nights' accommodation Luxury Resort/Hotels as mentioned below.
- Meals: 4 breakfasts, No lunches and 01 dinner
- Local village and schools visit on the way wherever is possible.
- Visit Tibetan carpet factory and Thangka painting while guided sightseeing tour in Kathmandu.
- Seasonal and regional festivals and unique experiences as per region.
- Visit of spiritual Places in the city areas and outside the city while by surface travel.
- Participate in harvesting and cultivation activities depending on the season.
- Monumental areas entrance fees as per the itinerary levied by the government

and local authorities.

- Professional licensed local English/other language speaking guide service in Kathmandu.
- Other festivals, and spiritual activities will be observed or participated while on tour,
- Accompanying official escort throughout the trip.
- Special souvenir on farewell / departure

Excludes

- International flights tickets
- Nepal entry visa fee
- Travel Medical Insurance
- Emergency Evacuation Service
- Items of a personal nature such as alcoholic/nonalcoholic drinks, laundry
- Any other expenses which are not mentioned at the included section
- Tips/gratuities/Donations for driver, guides and escorts
- Force Majeure

Itinerary

Day 1: Arrival In Kathmandu

Arrive at Tribhuvan International Airport in Kathmandu. Meet, welcome, and assist by our Going Nepal representative & transfer to the hotel. Welcome drink followed by tour briefing. Evening welcome dinner at a local restaurant. Overnight stay at Kathmandu.

- Elevation of Kathmandu: 1363m
- Transportation: Private car/ Tourist bus
- Driving distance: 25-30min drive to Hotel
- Meals: Welcome Dinner
- Accommodation: 4-Star Hotel

Day 2: Full-day Kathmandu Sightseeing

Breakfast and proceed for the full-day sightseeing to Pashupatinath Temple after that we will move to Boudhanath which is very famous among Buddhist followers. As soon as we finish sightseeing in Boudhanath we will move to Kathmandu Durbar Square.

After completing the tour, drive back to the hotel and rest. Dinner and overnight at the hotel.

- Elevation of Kathmandu: 1363m
- Transportation: Private car/ Tourist bus depends upon group size
- Driving distance: 3-4 Hours
- Meals: Breakfast
- Accommodation: 4-Star Hotel

Day 3: Full-day Kathmandu Sightseeing

After Breakfast prepares yourself for another tour of Kathmandu City. Our first stop will be Bhaktapur Durbar Square Also known as the city of devotees, Bhaktapur is the home of medieval art and architecture. Patan Durbar Square which is famously known as 'Lalitpur', is a city of artisans.

- Elevation of Kathmandu: 1363m
- Transportation: Private car/ Tourist bus depends upon group size
- Driving distance: 3-4 Hours
- Meals: Breakfast
- Accommodation: 4-Star Hotel

Day 4: Visit To Chandragiri And Leisure

Breakfast and proceed to Chandragiri which is situated at the top of the hill and can be accessible by cable car. Chandragiri Hill is situated at an altitude of 2540 m height is a fantastic sight of Kathmandu Valley. It's been among the significant destination point for both foreign and domestic tourists. The recently opened Cable Car out of the foothill into the very best has additional charm to the destination. Besides amazing all-natural forests and scenery, the mountain gets historical importance too. According to ancient mythology: The great King Prithvi Narayan Shah of Nepal, who's blamed for unifying smaller nations into more significant Nepal, has a history on this particular mountain. The gorgeous scene of afterward Malla dominated valley captured his eyes. The scenic views of the hills and geographic hilly terrain arenas would be the highlights of this hill. The joyous cable car ride of approximately 20 minutes within the

lush green woods would be attractive. The mountain is also remarkably popular with hikers.

After visiting Chandragiri Hill, drive back and stop in a tourist hub of Kathmandu 'Thamel'. You can shop around if you have any souvenirs or anything to buy and enjoy sometime in Thamel. Afterward, drive back to the hotel. Dinner and overnight at the hotel. Prepare for your departure.

- Elevation of Chandragiri: 2540m
- Transportation: Private car/ Tourist bus depends upon group size
- Driving distance: 2-3 Hours
- Meals: Breakfast
- Accommodation: 4-Star Hotel

Day 5: Departure

Breakfast is free until you are transferred to the international airport for the onward journey.

- Meals: Breakfast
- Transportation: Private car/ Tourist bus depends upon group size
- Driving distance: 25 minutes

Highlights

- Exploring the cultural and historical capital of Nepal, Kathmandu, known for its temples, shrines, and palaces
- Visiting famous heritage sites such as Pashupatinath Temple, Swayambhunath (Monkey Temple), Bhaktapur Durbar Square, Patan Durbar Square, Kathmandu Durbar Square, and others
- The opportunity to experience the unique culture and way of life of Kathmandu Valley
- The chance to experience the local lifestyle, foods, and handicrafts.
- Visiting the sacred temples, stupas, and shrines of Kathmandu like Boudhanath, Changu Narayan, Swayambhunath, etc.

- The chance to learn about the rich history, culture, and religion of Nepal
- The chance to explore the local markets and bazaars of Kathmandu and shop for traditional souvenirs
- The chance to take a scenic flight to Mount Everest
- The chance to take a cooking class or learn about the traditional art and crafts of Nepal
- The chance to experience the spiritual ambiance and peaceful environment of Kathmandu

Travel Information

- **Transportation:** Kathmandu has a good transportation system with taxis, buses, and private cars available for travel around the city. The city also has an international airport, Tribhuvan International Airport, which connects to major destinations worldwide.
- **Weather:** Kathmandu has a sub-tropical climate, with temperatures varying greatly depending on the season. The best time to visit is from September to November and from March to May, when the weather is mild and clear.
- **Accommodation:** There are a variety of accommodation options available in Kathmandu, including hotels, guesthouses, and homestays.
- **Food:** Kathmandu offers a wide variety of food, including traditional Nepali, Indian, Tibetan, and international cuisines.
- **Culture:** Kathmandu is rich in culture, history, and religion. There are several temples, shrines, and historical sites to visit, including Pashupatinath Temple, Swayambhunath Stupa, and Kathmandu Durbar Square.
- **Safety:** It is generally considered a safe destination but it's a good idea to take the usual safety precautions. Be aware of your surroundings and keep your valuables safe.
- **Activities:** Kathmandu offers a wide range of activities, including city sightseeing, hiking, yoga and meditation, shopping, and cultural tours.
- **Respect:** It's important to be respectful of local customs and traditions, and to dress modestly when visiting temples and other religious sites.

- Communication: Most people in Kathmandu speak Nepali, but you will also find many people who can speak English, Hindi and other languages.
- Shopping: Kathmandu is a great place for shopping, from traditional handicrafts and souvenirs to modern fashion and electronics. You'll find plenty of street vendors, shops and markets selling a variety of goods.

Things to know

- Visa requirements: Make sure to check the visa requirements for Nepal before you travel. Tourist visas can be obtained upon arrival at the airport or in advance from a Nepalese consulate or embassy.
- Currency: Nepalese Rupee (NPR) is the official currency of Nepal, but US dollars are also widely accepted. It's a good idea to carry cash, as credit cards and debit cards may not be accepted in some places.
- Weather: Nepal has a diverse climate, with temperatures varying greatly depending on the region and altitude. It's important to check the weather forecast and pack accordingly.
- Altitude sickness: Altitude sickness can be a concern when travelling to higher altitudes in Nepal. It's important to be aware of the symptoms and to take necessary precautions to prevent it.
- Food: Nepal has a diverse cuisine, with a mix of Indian, Tibetan, and Nepalese dishes. Some traditional Nepalese dishes include Mo:Mos (dumplings), Dal Bhat (lentil soup and rice), and Chow Mein (stir-fried noodles).
- Language: Nepali is the official language of Nepal, but many people also speak English.
- Culture: Nepal is a culturally diverse country with a mix of Hindu and Buddhist influences. It's important to be respectful of local customs and traditions, and to dress modestly when visiting temples and other religious sites.
- Conservation and sustainability: Nepal are home to many unique and endangered species and fragile ecosystems, it's important to be mindful of environmental conservation and sustainability while traveling.